

10th Annual Holiday Invitational
Saturday, December 5, 2009
Lakeshore Natatorium

Host: Carrollton City Schools

Eligibility: Open to all GHSA registered teams and swimmers and Junior High swimmers in 6th-8th grade.

Facility: The newly renovated Lakeshore Natatorium. An 8-lane competition pool with new starting blocks. We have the large anti-wave lane ropes, Omega Timing and scoreboard.

Seating: 9 sets of portable bleachers will be available for visiting teams and ample deck space for spectator seating.

Meet Type: This meet will run strictly under Georgia High School Rules. Each swimmer may swim a maximum of 4 races, including relays, with no more than 2 individual races. Entries are unlimited in all events. Junior high events will follow high school events.
THERE WILL NOT BE DIVING AT THIS MEET!

Entries: Meet entries and scoring will be run on Hy-Tek. Coaches are asked to use a Hy-Tek entry file and we will also provide your results on Hy-Tek. If filling our paper forms please put entry times to .00. **Deadline for entries will be Monday, November 30, 2009. The meet will be limited to the first 400 swimmers.** You can download a meet event file at www.carrolltonbluefins.com under the high school section.

Entry fees: \$3.00 per individual event and \$10 per relay. Please make check payable to Carrollton High School. Please send entries and check to: David Weeks Holiday Invitational P.O Box 532 Carrollton GA 30112

Awards: Ribbons will be awarded to the top 8 individual places and top 3 relay places. There will be trophies for the top 2 places for high school and junior high depending on the number of teams.

Warm-up: Warm-up times will be assigned and will begin at 7:30AM.

Start Time: Meet will begin at 9:30AM

Extras: Concessions will be provided and Friends Unlimited Swim Shop will be there for swim supplies.

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Order of Events

Men	Event	Women
1	HS 200 Medley Relay	2
3	JH 200 Medley Relay	4
5	HS 200 Freestyle	6
7	JH 200 Freestyle	8
9	HS 200 IM	10
11	JH 200 IM	12
13	HS 50 Freestyle	14
15	JH 50 freestyle	16
BREAK		
17	HS 100 Butterfly	18
19	JH 100 Butterfly	20
21	HS 100 Freestyle	22
23	JH 100 Freestyle	24
25	HS 500 Freestyle	26
27	JH 500 Freestyle	28
29	HS 200 Freestyle Relay	30
31	JH 200 Freestyle Relay	32
33	HS 100 Backstroke	34
35	JH 100 Backstroke	36
37	HS 100 Breaststroke	38
39	JH 100 Breaststroke	40
41	HS 400 Freestyle Relay	42
43	JH 400 Freestyle Relay	44